

# Adults enhance reading skills at local schools

BY VIKI BOWMAN  
RSVP Manager

Throughout Davis County adults are returning to elementary school. They are entering the school as volunteers willing to share an hour listening to children read. Their goal is to improve reading and comprehension skills – vital skills needed to succeed in life.

Testing indicates that the encouragement and extra attention children receive from volunteers aids them in reaching, maintaining, and improving grade level skills.

As a society we must be continually concerned about improving the well-being of youth in order to foster positive developmental paths among future generations.

“We must make a concerted effort to increase the percentage of children reading at grade level by the completion of third grade,” said Georgia Governor Nathan Deal, during his State of the State Address in January 2012.

“Students must learn to read in order to be able to read to learn, and when we fail to invest in our youngest students, we are forced to spend money on remediation for the remainder of their academic careers.”

One hour of volunteer time can generate a positive path for local youth through a coordinated curriculum with educators. But volunteers are the vital ingredient of the success strategy.

A local agency, the Retired & Senior Volunteer Program (RSVP), has partnered with Davis County elementary schools in



connecting adults aged 55+ with placement as literacy volunteers. The benefits provided by RSVP include supplemental personal injury protection, liability coverage, and a small mileage reimbursement. All age-eligible school volunteers may gain access to RSVP's benefits at no cost. Contact Davis County's RSVP office by calling (801) 525-5094 to become a literacy volunteer or for additional information.

**ADULT VOLUNTEERS ARE** a vital part of helping elementary school students improve their reading skills.

Photo courtesy of [www.NationalService.gov](http://www.NationalService.gov)

## Keep your grandchildren safe with the right car seat

BY MORGANNE HOUSLEY  
DCHD Senior Services Health Educator

Gone are the days when children rode unbuckled in the back seat or rode sitting on a grown-up's lap. The state of Utah has laws requiring all children under the age of 8 to ride in an appropriate child safety seat. If you ride or drive with your grandchildren, it is important to check and make sure that your grandchild is within the proper height and weight limits for the car seat and that it is installed correctly.

The National Highway Transportation Safety Administration (NHTSA) recommends that infants

and toddlers ride rear facing for as long as possible. Once the height and/or weight limits for the child's seat have been met in the rear facing position, it is time to transition to a forward facing car seat. In the forward facing position, it is important that the seat still utilizes a five-point harness and is appropriate for the height and weight of the child. The transition to a booster seat that utilizes the vehicle's seat belt will come once the child has grown to the appropriate height and weight, usually between the ages of 4 and 7 years old.

Another important thing you can do to protect your grandchildren while in the

car is making sure their seat is installed correctly. Unfortunately, a workshop held by NHTSA in 2005 found that three out of four car seats were not installed correctly. Oftentimes unintentional injury and even death, from the result of a car crash, could be prevented with the proper use of a seat belt, car seat, and/or booster seat.

Sept. 18-24 is National Child Passenger Safety Week. If you would like to have a car seat checked for free by a Child Passenger Safety Technician, please call (801) 538-6852 and you will be directed to a safety checkpoint near you.

## Upcoming classes and workshops in Davis County

**Stepping On Fall Prevention Workshop** begins Thursdays, Oct. 5-Nov. 16, 12:30-2:30 p.m., at the North Davis Senior Activity Center (42 South State Street Clearfield). For more information, call Morganne Housley 801-525-5087.

**Living Well with Diabetes Workshop:**

- Thursdays, Sept. 8-Oct. 13, 6-8 p.m., at Tanner Clinic (2121 North 1700 West, Layton)

- Wednesdays, Sept. 14-Oct. 19, 6-8 p.m., at Wade Family Medicine (557 West 2600 South, Bountiful)

For more information, call Morganne Housley 801-525-5087.

**Medicare 101 Class:**

- Wednesday, Sept. 14, 6:30-7:30 p.m., at the Layton Library (155 N Wasatch Drive Layton)

- Wednesday, Oct. 12, 6:30-7:30 p.m., at the Clearfield Library (562 South 1000 East, Clearfield)

- Tuesday, Oct. 18, 6:30-7:30 p.m., at the Bountiful Library (725 South Main Street, Bountiful)

For more information, call Marie Jorgensen 801-525-5086.

**Caregiver Education Classes** are free and are scheduled for Sept. 20-Nov. 10. September's topics and speakers are:

- Sept. 20 & 22: Aging Sucks! – Eileen Wood, HCNU Hospice

- Sept. 27 & 29: Caregiver Resources – Megan Forbush, Davis County Health Department Senior Services

Tuesdays' one-hour classes start at noon and are held at Fairfield Village (1201 North Fairfield Road, Layton). Classes held on Thursdays will be at the Golden Years Senior Activity Center (726 South 100 East, Bountiful). Call Megan Forbush at 801-525-5088 for more information or to RSVP for a free lunch (by noon on Mondays) for a particular class.

## Free shred event scheduled in Kaysville during September

BY SHAWNA MAHAN  
DCHD In-Home Services

Davis County Health Department's Senior Medicare Patrol invites you to help fight fraud and reduce the threat of possible identity theft by properly disposing of sensitive documents. To assist this effort, a free shred event will be held Sept. 27, 9-11 a.m. at the Autumn Glow Senior Activity Center (81 East

Center Street, Kaysville).

For more information about the free shred event, contact Senior Services 801-525-5050.

Protecting your personal information is the best line of defense against healthcare fraud and abuse. If you suspect errors, fraud or abuse, report it immediately. Call your local Senior Medicare Patrol at 1-877-808-2468.

## Riley Court Apartments

### FEATURES:

- Elevator
- Great Room
- Secured/Secluded
- Community Garden
- Social Events

### AVAILABLE:

- Studios
- One Bedroom
- Two Bedroom/Two Bath Suites
- Executive Suite

“Life Is Easier Here”

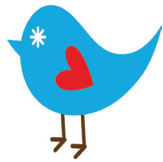
Independent Senior Community (age 55+)



517 S. 100 E., Btfl. • 801-989-1602

## More than just a Tweet

Our 140 words are just the beginning, not the ending of a story.



THE Davis Clipper

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>SEPTEMBER</b> 			<b>1</b> AG – Tai Chi 9:40 GY – Luana's Combo Band 10:30 ND – Miles Coe on the piano 11:15 **Attorney by appointment	<b>2</b> AG – Lunch/Crazy Auction 11:30 GY – Water Color 9 ND – Computers Class 11 Texas Hold 'em 12	<b>3</b>
<b>4</b>	<b>5</b>  Centers closed for Labor Day	<b>6</b> AG – Chair Tai Chi 10:40 Square Dancing 12:30 GY – Wood-carving 9 Zumba 9:30 ND – Shopping Day	<b>7</b> AG – Lunch w/ Suicide Prevention 11:30 GY – Trivia w/ North Canyon Care Center 12 ND – Hand Massage & Oils Demo 11:30	<b>8</b> AG – Food Sense Nutrition Class 11:15 **Road Trip – Farm Market 3 GY – **Kingsbury Hall 9 ND – Movie 11:30	<b>9</b> AG – **AARP Safe Driving 10-2:30 GY – Line Dancing 9:30 Movie 12:30 ND – Egg-spert Brain Games 11	<b>10</b>
<b>11</b>	<b>12</b> AG – Oil Painting 9 GY – Arthritis Exercise Class 12:30 Oil Painting 1 ND – **Beaded Rose class starts 10	<b>13</b> AG – Lapidary 8:30 GY – Blood pressure clinic 10 Allen Birdsell on the piano 11:30 ND – Blood pressure clinic 10:30	<b>14</b> AG – Blood Pressure 10:30 Lunch w/ Unclaimed Property 11:30 GY – **Legal Consultation by appointment ND – Food Bank	<b>15</b> AG – Water Exercise 9 Lifetime Fitness 9 Arts & Crafts 9 GY – Dancing Grannies 8:30 ND – Knit & Crochet 12:30	<b>16</b> AG – Bingo 10:15 Bread/Pastry 12 GY – Stained Glass 9 ND – Bingo 12:30 Technology Lab 4	<b>17</b>
<b>18</b>	<b>19</b> AG – Lunch w/ Trivia of the Day 11:30 GY – Jim Jensen on the accordion 11:30 ND – Trivia & Treats 11:30	<b>20</b> AG – Square Dancing 12:30 GY – **AARP Safe Driving 12:30 New Square Dancers 7-8:30 p.m. ND – Shopping	<b>21</b> AG – Water Color 9:30 GY – Single's Social 11:15 ND – **Flu Shot Clinic by appointment 10-1	<b>22</b> AG – Lunch w/ Memory Magic 11:30 GY – **Caregiver class 12 ND – Food Sense Nutrition Class 1	<b>23</b> AG – Lapidary 8:30 Ceramics 12 GY – Tai Chi 9:30 ND – Computer Class 11	<b>24</b>
<b>25</b>	<b>26</b> AG – Lifetime Fitness 9 Oil Painting 9 GY – Card Games 1 ND – Health Tips with Gina 11:30	<b>27</b> AG – The Shred Event 9-11 GY – **Flu Shot Clinic by appointment 10-1 ND – Blood pressure clinic 10:30	<b>28</b> AG – Water Exercise 9 Bingo 10:15 GY – Line Dancing 10 ND – Food Bank	<b>29</b> AG – Wire Wrapping 8:30 Lunch w/ Positive Think 11:30 GY – Arthritis Exercise Class 12:30 ND – Knit & Crochet 12:30	<b>30</b> **AG, GY, & ND <b>September Birthday Party</b> AG – Lunch w/ GY Jazz Band GY – Line Dancing 9:30 ND – Bingo 12:30	<b>1</b>

\*\* Call Senior Activity Center to Make Reservation

(Note: Not all activities are listed on this consolidated calendar, activities are subject to change)

AG ~ Autumn Glow  
(801) 444-2290  
81 East Center Street  
Kaysville, UT 84037

GY ~ Golden Years  
(801) 295-3479  
726 South 100 East  
Bountiful, UT 84010

ND ~ North Davis  
(801) 525-5080  
42 South State Street  
Clearfield, UT 84015